

# Juggling family life...?



## ...we're here to help.

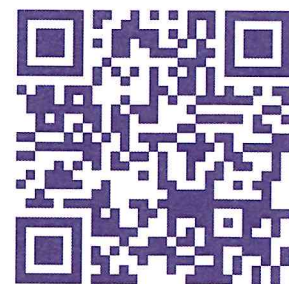
Every family goes through ups and downs.  
Let us help you to find the answers.

We can offer you a wide range of support with

- ✳ emotional wellbeing
- ✳ special educational needs and disabilities
- ✳ financial, housing or employment challenges
- ✳ supporting your child's behaviour
- ✳ support for new parents
- ✳ activities for children of all ages

 **01323 46 46 55**

 **familyhubs@eastsussex.gov.uk**



**FAMILY HUB**  
EAST SUSSEX



**START4LIFE**

East Sussex  
County Council

