



## Welcome

Hello and welcome to the second edition of the student leaders newsletter. We've had such positive feedback from our last newsletter so thank you for reading. We hope you enjoyed it!

We welcome any suggestions or questions about any topics included here please speak to your student leadership team, the mental health and wellbeing ambassadors, the eco team or your student president Rhys and vice president Amber. They can also be contacted by email:

[PCS\\_Studentleaders@swale.at](mailto:PCS_Studentleaders@swale.at)

The newsletter is written by students for students.



## New Clubs!!

New PE clubs! On Monday there are net games such as badminton, spikeball or pickleball. On Tuesdays there is Netball club. On Wednesdays there is rugby club. All clubs are free to attend and open to boys and girls in years 7 - 11. All abilities welcome!



**PHILORAPTOR**

Mr Cuthbertson has also started up a debate club - Philoraptors on Mondays after school. All welcome.

## Climate Ambassadors

**PCS Climate Ambassadors take action!**

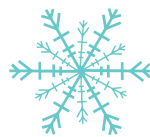
Over the Christmas break, if you are out and about, taking a stroll along the seafront after a bit too much Christmas pudding, look out for the fishing line and net collection point at Bastion Steps.

PCS students wrote to Lewes Town Council to get this installed. If you see any netting or anglers waste lying around, look out for our logo and message on the collection point, pick it up and pop it in!



Peacehaven Community School Climate Ambassadors care deeply for the local environment.

They have campaigned for this collection point and would like to ask that it is used to help prevent further pollution of our seas.



**It's back!!**  
Our second Learning Beyond the Curriculum week

The theme of this week is **Wellbeing** and will focus on providing students with opportunities to practise the **5 ways of wellbeing** as well as enhancing their personal development by learning outside of the classroom



This exciting week is a compulsory week for all students in years 7, 8 and 9. We encourage students to think carefully about selecting a balance of activities, to really gain the most from the week.



## Learning Beyond The Curriculum Week

It's back!! Many students really enjoyed last year's learning beyond the curriculum week so it's back for July 2025 featuring so many popular activities from last year such as: Beach volleyball, Harry Potter World, Creative Writing Club and Board Games. However, as suggested by you, there are some new activities including: Tennis, Photography around Brighton, The Great British Bake Off, Portsmouth Docks, A historical Hike to Lewes, the list is endless, there are over 40 activities to choose from.

Be aware that some activities require a payment via parent pay for you to participate. Some activities there are limited numbers so there is no guarantee that you will get in. There is also no guarantee that you will be with your friends for every activity.



We have lots of events coming up before Christmas that you can take part in to help raise money and raise awareness.

Bugsy on Wednesday 11th, Thursday 12th and Friday 13th December  
Our Christmas Jumper day on Wednesday 18th December  
Our Winter Fair on Thursday 19th December.



## Community Support!

### CHRISTMAS FOOD BANK APPEAL

Seahaven Community Food Bank is in urgent need of donations.

We are collecting non-perishable food & hygiene products on their behalf.

*Please help us help those in need in this Christmas*



Thank you to all students and families who have donated to the Seahaven food bank appeal. We are delighted with your generous donations.

## Clock Tower Sanctuary

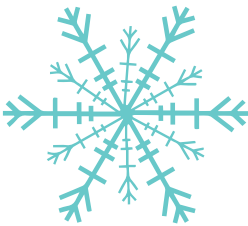
This year, PCS are fundraising for the Clock Tower Sanctuary in Brighton. Here is some information on what they do.

The Clock Tower Sanctuary is a drop-in day centre for 16-25 year olds experiencing homelessness based in central Brighton. They provide vital practical and emotional support so that young people experiencing homelessness can move from crisis to stability. It is a place where young people who have nowhere to call home can feel safe and 'just be'.

They provide hot meals, fresh clothes and hot showers. Last year, the Clock Tower Sanctuary had 2,912 visits from people who have nowhere to call home.

During the pandemic, they helped 11 people into education or employment and 56 people participated in activities like yoga, cookery, table tennis, Men's group, Women's group and LGBTQ+ group to build self-esteem and confidence.

Fabia Bates, CEO, states: "We want Brighton and Hove to be a city where young people's experience of homelessness is rare, brief and non-recurring."




**CLOCK TOWER SANCTUARY**

Supporting young people experiencing homelessness in Brighton & Hove



## Teachers at Christmas

Student leaders asked some of their teachers a question relating to Christmas

Theo (year 8) Mr Meyah - Have you got any Christmas traditions?  
In Germany, where I am from, in some areas it is an angel who brings the presents, not father Christmas

Anthony (year 7) Mr Loggenburg - What's your favourite Christmas film?

I love Home Alone



Amber Mr Veniol Are spending Christmas in the UK or are you going back to France?  
Je vais passer quelques jours en France et quelques jours en Angleterre!!

Sidney (year 8) Mr Skelley - Do you like your Christmas dinner with or without gravy?  
With gravy, without a doubt!!

Skye (Year 8) Mr Desborough - Do you cook the Christmas dinner or does someone else cook it for you?  
My mum, she's a really good cook!

Charlie (year 8) Mr Southgate - Do you have a star or an angel on your Christmas tree?  
A star

Maisie (year 7) Ms Molden - What's your favourite part of a Christmas dinner?  
It's got to be the stuffing. What's a Christmas dinner without stuffing?

## Community Praise

Dear Ms Henocq,

I am writing to express my thanks to your students and the staff who supported them for the poetry readings at the Remembrance service at Peacehaven War memorial on the 11/11/2024.

We were all very impressed by how good their public speaking was and how much thought and imagination had gone into the preparation for the event.

The words delivered were thought provoking and very much appreciated especially by the armed forces veterans present and others who may have lost relatives during conflict.

Yours Sincerely,  
Simon Watson  
Chair of Peacehaven & Telscombe  
Royal British Legion Branch.

PCS raised £45.40 for The Poppy Appeal this year.

Dear PCS Students,

Thank you so much for inviting me to Buggy Malone this afternoon. Please pass on my admiration to the super talented pupils, not forgetting those behind the scenes. Also congratulations to the staff who made it all possible.



I think it's the best show I've seen at the school so far.

Wishing you all a very Merry Christmas and a Happy New Year.

Kind regards,  
Anne Bickmore  
Chair of the ABC Fund



## Christmas Jumper Day

On Wednesday 18th December, our Christmas lunch day, we would like to ask all students to wear a Christmas jumper, or a green or red top on the day.

We are suggesting a donation of a minimum of £1.00 to do so.

This is not a non-school uniform day - if students do not have a Christmas jumper they can wear a green or red top. For those students without a Christmas jumper or something green or red, but who would still like to donate are very welcome to do so. Proceeds raised will go to The Clock Tower Sanctuary.

Which House can raise the most money?





## Ten Top Tips for a relaxing and stress free festive holiday



### 1. Plan Ahead

Spread out your festive tasks like shopping, decorating, and wrapping presents. Avoid last-minute panics by being organised.

### 2. Focus on What You Enjoy

Prioritise the activities you actually like—whether it's watching a Christmas film, baking mince pies, or catching up with mates.

### 3. Keep Gifts Simple

Thoughtful, homemade, or budget-friendly gifts can be just as meaningful as expensive ones. Don't put pressure on yourself to overspend.

### 4. Take a Break from Social Media

It's easy to compare your holidays to what others post online. Focus on your own moments instead of scrolling.

### 5. Stick to a Routine

Late nights are fun, but getting decent sleep and keeping to a routine will help you feel less tired and stressed.

### 6. Ask for Help

If things feel overwhelming, don't be afraid to ask family or friends for help. Sharing responsibilities makes it easier for everyone.

### 7. Don't Overcommit

You don't have to attend every event or say yes to everything. Make time for yourself to recharge.

### 8. Get Some Fresh Air

Step outside for a walk or a bit of exercise. It's a great way to clear your head and boost your mood.

### 9. Speak Up If You're Struggling

If you're feeling stressed or down, talk to someone you trust. It's better to let it out than keep it bottled up.

### 10. Enjoy the Small Things

Appreciate the simple joys of the season—like festive lights, your favourite snacks, or cosy evenings at home. These moments are what make it special.

## Competition

There are a number of snowflakes hidden around this newsletter. Count how many you can find and email your answer to:

[PCS\\_Studentleaders@swale.at](mailto:PCS_Studentleaders@swale.at)

If you answer correctly you'll be in with a chance to win a prize! The snowflakes look like this:



Good Luck!



Thank you for reading the second edition of the student leaders newsletter. Look out for next term's issue. From all of us on the student leadership team, we wish you and your families a very Merry Christmas and we look forward to welcoming you back in the New Year!

Remember - school starts back on **Monday 6th January**. This was made by the student leadership team.

We desperately need a sports correspondent who can do us a write up of all the excellent sporting achievements of our students across the term.

Please speak with the PE team if you are interested and they will pass your name on to us.



**Remember:** If you have any suggestions or things you feel need to be brought up in our meetings, please talk to one of your student leaders, your President or Vice President.

If you have any suggestions related to Eco issues please talk to your climate ambassadors.

If you have any issues relating to Mental Health and Wellbeing please talk to Ms Waite, Mr Verniol or your Mental Health and Wellbeing Ambassadors.

Written by Olivia E, year 8 and the student leadership team.