West Sussex Fmind

Free Online Session LGBTQIA+ Parents or Carers
Concerned About Youth Self-Harm
Join us for a two-hour session featuring an expert
speaker and peer support worker. The session is
open to all parents and carers worried about
young people who self-harm. We understand that
you may need ongoing support, and we're here to
help.

Thursday 11th December 19:30-21:30

Book HERE

Self-Harm Support Group for parents.